Upcoming Events

January 30
Elementary Tour
8:55am – 10:25am
Families of prospective students.
STEM K-8

Middle School Tour
10:15am – 11:45am
Families of prospective students.
STEM K-8

Dine Out for STEM K-8 & Sanislo
5:00pm – 8:00pm
Lil’ Woody’s/CTO/Beer Star
9807 16th Ave SW

January 31
Day Between Semesters
No School

Auction Committee Meeting
7:00pm – 8:00pm
Junction Uptown Espresso

February 1
Elementary Open House
6:00pm – 7:00pm
For prospective students and their families.
STEM K-8

Middle School Open House
7:30pm – 8:30pm
For prospective students and their families.
STEM K-8

February 2
Elementary Tour
8:55am – 10:25am
Families of prospective students.
STEM K-8

February 5
SPS Open Enrollment Begins

A Note from Principal Ben Ostrom

One of STEM’s important new program offerings this year is RULER, an evidence-based approach to social and emotional learning that helps school communities integrate the teaching of emotional intelligence into daily life. During our professional development release on 1-24-18, staff were introduced to the third of RULER’s four anchor tools, the Meta Moment. Over the next month STEM staff will begin teaching students to choose a self-regulation strategy when experiencing intense emotions.

The Meta Moment is a tool for prolonging the space in time between when you feel triggered by something or someone and when you respond to that trigger. This 6-step ‘mindful’ process, in addition to slowing us down for the moment, helps build character by invoking an image of our Best Self. By identifying what “triggers” us, and what we are like when we are our Best Selves, we can develop thought and action strategies that align with our values and meet our larger goals.

More information on RULER anchor tools and tips for applying RULER at home can be found on Seattle Public Schools RULER website for families.

Don’t forget that there is no school this Wednesday, January 31. It’s the annual day between semesters that is used for Middle and High School teachers to catch up on grades and get ready for the new semester.

Ben Ostrom
Principal
Louisa Boren STEM K-8
Attn: 5th Grade Families!

Interested in learning more about middle school at STEM? RSVP for a tour this Wednesday (January 30, 10:15am – 11:45am) and be sure to attend the Middle School Open House on Thursday, February 1. Remember, current STEM 5th graders are automatically assigned to STEM for 6th grade.

STEM K-8 Middle School Open House
Thursday, February 1
7:30pm – 8:30pm

Seeking Guides to Lead School Tours

School tours are in full swing, and there has been an overwhelming response from prospective families wanting to tour the school! We are in desperate need of tour guides, particularly elementary. Come share your love of STEM!

Remaining dates and times are as follows:

School Tours—Elementary: all elementary tours take place from 8:55–10:25 am
- 1/30/18
- 2/2/18
- 2/6/18

School Tours—Middle School: all middle school tours take place from 10:15–11:45 am
- 1/30/18

Tour guides will be provided with training and a FAQ sheet to help discuss the school. Please contact Christine with available time and dates that you can help.

STEM K-8 Math Transition

5th grade teacher Lauren Martin presented the following Power Point at the STEM K-8 PTA meeting on January 24. It provides details of our school’s transition to Eureka Math, and expectations for Common Core Mathematics.

Math Presentation January 24 2018

Other

February 5
Black Lives Matter at School Week - Opening Day Unity Event.
8:35am – 8:55am
Resource table & stickers. Students, families & staff invited to wear BLM shirts.
STEM K-8 - by playground gate.

February 6
Elementary Tour
8:55am – 10:25am
Families of prospective students.
STEM K-8

February 14
PTA Meeting
6:30pm – 8:00pm
Complimentary childcare provided by the PTA.
STEM Library

February 16
SPS Open Enrollment Ends

February 19 - 23
Mid-Winter Break
No School

March 2
STEM Auction 80’s Prom
5:30pm – 11:00pm
Buy tickets HERE.
Hall at Fauntleroy
9131 California Ave. SW

Check out the school calendar here.
DINE OUT!

Li’l Woody’s | Beer Star | CTO

January 30, 2018
5PM - 8PM

A portion of the evening’s proceeds will be donated to Louisa Boren STEM K-8 PTA and Sanislo Elementary PTA
Next Week is Black Lives Matter at School Week!

Building on the success of last school year’s district-wide Black Lives Matter at School events, educators around our district and across the nation will be hosting Black Lives Matter at School Week February 5-9. School staff are planning to participate through school-wide classroom and professional development opportunities. The PTA Advocacy Committee is proud to support the week by hosting a Black Lives Matter at School Unity Event Monday February 5 before school from 8:35 am until the bell.

All students, families and staff are invited to participate that day by wearing BLM shirts (for students-with their uniforms). If you’d like to purchase a shirt from the Seattle Equity Educators [CLICK HERE](#). Another great option that many students did last year was to make their own BLM shirts using sharpie and a white shirt and writing and drawing about what Black Lives Matter means to them.

STEM families will be out in front of school that morning handing out BLM stickers and staffing a resource table. Mark your calendars. Come by and say hello. Email PTA Advocacy Committee Chair, Shawna Murphy [southernstreetkids@yahoo.com](mailto:southernstreetkids@yahoo.com) for more information.

Middle School Basketball Schedule

**Saturday, February 3**

**K-8 Varsity Boys**
TOPS vs STEM 2:00pm Ingraham HS

**K-8 Varsity Girls**
TOPS vs STEM 2:00pm Ingraham HS

**K-8 Junior Varsity Boys**
Whitman #2 vs STEM 12:15pm Jane Addams MS (N)

Hazel Wolf #2 vs STEM #2 1:30pm Jane Addams MS (S)

![Student artwork for STEM auction.](image)