



Owl Post

Week of June 8-12, 2020

Upcoming Events:

Tuesday, June 9th | 9:30AM | STEM School Assembly (Zoom details below)

Wed/Thurs June 10th & 11th | Student Item Pick Up (details below)

Wednesday, June 10th 12PM | Family Gathering to Support Black Lives Matter
(Outside STEM along Delridge)

Thursday, June 11th 6:30-8PM | PTA ZOOM Meeting (meeting details below)

Friday, June 12th | Registration Deadline for [Summer of Learning Program](#) for K-5

Friday, June 19th | Last Day of School

STEM Zoom Assembly tomorrow:

On Tuesday at 9:30am we will have a school wide **Zoom Assembly**:

<https://seattleschools.zoom.us/j/95328646758?pwd=aWltZXBYdzQ2SIQ2V0xJOTdmZnpuZz09>

Meeting ID: 953 2864 6758

Password: stem

Calling all STEM Adults!

*Have you ever considered volunteering for a non-profit Board? Now is your opportunity! The [Louisa Boren STEM PTA](#) is seeking volunteers to fill two officer positions for the 2020-21 school year! Our Executive Board needs a **President** and **Vice President**. Our PTA is active, organized, and committed to the well-being of our school community. Our work is grounded in equity; we support school activities to fill gaps in District funding, including annual library book purchases, project-based learning supplies, classroom resources and supplies, substitute teachers, and teacher development. Please consider offering your time to support our kids and teachers during this upcoming year! Contact Angela Wallis, nominations committee chair, at secretary@stemk8pta.org, or 206-999-2132 with questions, or to demonstrate your interest!*

Louisa Boren STEM K-8 PTA Executive Team President and Vice President Roles and Responsibilities

The STEM K8 PTA Board of Directors is engaged, active, and committed to providing funding and activities to engage all students and teachers. We look forward to filling two important positions for the 2020-21 school year, President and Vice President. The Vice President position “rolls up” to President for the 2021-22 school year (a two-year commitment).

PRESIDENT Duties of the President include:

- Participating in and volunteering for school and PTA events;
- Supporting all aspects of PTA Fundraising, such as the annual Direct Give; Auction, Hammering Owl Art Extravaganza events, and more;
- Running monthly General PTA Membership meetings;
- Running monthly Executive Team and General Board meetings;
- Creating the membership meeting agendas (with Board and member input);
- Receiving and managing teacher and school requests for funding;

- Depositing and signing checks as needed;
- Meeting monthly with the school Principal;
- Partnering with the VP and Treasurer to ensure the Board fulfills the legal requirements of non-profit organizations, including; developing an annual budget, filing taxes, paying the accountant, and other items;
- Recruiting board members and parent/guardian members;
- Meeting other parents, learning about STEM and the school district, and having fun!

VICE PRESIDENT Duties of the Vice President include:

- Leading committees as needed;
- Participating in at least one major fundraising initiative;
- Participating in and volunteering for school and PTA events;
- Depositing and signing checks as needed;
- Participating in monthly meetings and other communications with the school Principal and PTA President;
- Planning membership meeting agendas with the President;
- Preparing for the President position in year two;
- Meeting other parents, learning about STEM and the school district, and having fun!

JOIN US AT THE LAST STEM PTA MEETING for the 2019-2020 School Year!

STEM PTA is inviting you to a scheduled Zoom meeting.

Topic: PTA Meeting

Time: Jun 11, 2020 06:30 PM Pacific Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/96006940183?pwd=aUlybHFQNGZiKzhWNDFJdW5XazZldz09>

Meeting ID: 960 0694 0183

Password: STEM

One tap mobile

+12532158782,,96006940183#,1#,881220# US (Tacoma)

+16699006833,,96006940183#,1#,881220# US (San Jose)

Dial by your location

+1 253 215 8782 US (Tacoma)

+1 669 900 6833 US (San Jose)

+1 346 248 7799 US (Houston)

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Germantown)

+1 312 626 6799 US (Chicago)

Meeting ID: 960 0694 0183

Password: 881220

Find your local number: <https://zoom.us/u/aetKVB1nYJ>

JOIN STEM Families this Wednesday at 12pm for a Family Gathering to support BLACK LIVES MATTER outside the school along Delridge:

- Bring your signs!
- Wear your masks!
- Remember to social distance!



Families may pick up belongings according to the schedule sorted by last name below:

STEM and SPS staff have worked with King County and Seattle City Health Department requirements to plan for families to pick up belongings and return school materials next week. Student belongings have been gathered, bagged, and organized. There will be bins to return library books, other school materials and books, and musical instruments. Families may pick up yearbooks (we have ones that were pre-ordered and others for sale for \$20). We will also have the lost and found set up on the school playground. Families may pick up belongings according to the schedule sorted by last name below:

Wednesday, June 10

Family Last Initial	Scheduled Pick Up Time
A - Ar	12:00 – 1:00 pm
Au - Ca	1:00 – 2:00 pm
Ch- D	2:00 – 3:00 pm
E -Go	3:00 – 4:00 pm
Gr - Ja	4:00 – 5:00 pm
Je - La	5:00 – 6:00 pm

Thursday, June 11

Family Last Initial	Scheduled Pick Up Time
Le - Me	8:00 – 9:00 am
Mi - Pe	9:00 – 10:00 am
Ph - Se	10:00 – 11:00 am
Sh -To	11:00 am -12:00 pm
Tr - Wh	12:00 – 1:00 pm
Wi - Z	1:00 – 2:00 pm

If you can't make your assigned slot, **please identify a different slot on the schedule that will work and email it to Cindy Baca at chettrick@seattleschools.org or call/text to 765-280-2158.** You may also have a friend pick up belongings. Items not claimed during this period will be donated.

Staff will be onsite to support the pick-up. Please note key locations below:

- Middle School students will park on the north side of the Boren (Juneau) and enter through the North double doors. Middle school belongings will be Room 102 and lockers. After collecting belongings Middle school students will exit the east door at the end of the hall and leave campus via the open north gate (not normally open for foot traffic).
- Pre K-2 students/families will pick up belongings in the gym, entering through the outside door closest to the parking lot.
 - 3-5 students will pick up belonging in the cafeteria, entering and exiting through the rear hall doors on the east end of the playground.
- Lost and found will be on the playground, medications by the south (main) entrance, and year books available on both ends. Given public health requirements and current risk levels from

heightened interactions, we are asking families to minimize the number of people entering the building, limit inside socializing, and emphasize social distancing.

Those signing in to enter the building are attesting to

- Be symptom free
- Wear a face covering
- Maintain 6-foot social distancing

Being a parent or caregiver is not easy... especially now!
It's normal to feel overwhelmed and frustrated.

Recognize when you have reached your limit. Then Take 5:

1. Stop. Step away. Give yourself space.
2. Take a short break to breathe. Allow your heart rate to return to normal.
3. Remind yourself, "I can do this" or "It's important to stay calm."
4. Ask yourself, "How can I handle this situation in a way that I will feel good about?"
5. If possible, ask for support from a partner or family member. Call or text a friend or neighbor. Or call the numbers below.
It's OK to ask for help.



We will all get through this one day at a time. You can do this!

You are not alone.

Call the numbers below and talk with someone for free. It doesn't have to be an emergency.

- Parent Trust for Washington Children, The Family Help Line: 1-800-932-4673
- Harborview Abuse and Trauma Center, Support and Tips to Manage Behavior: 206-744-1600
- Disaster Distress Hotline: 1-800-985-5990
- Crisis Text Line: Text HOME to 741741 for crisis counseling any day and time

More Helpful Resources

Stress and Coping:

- [cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety](https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety)
(English, Spanish, Chinese, Vietnamese and Korean available)

Mental Health Support:

- seattlechildrens.org/copingandcovid

Resources and Tips for Parents, Children and Others:

- preventchildabuse.org/coronavirus-resources
- healthychildren.org
(English and Spanish available)